

## **“THINKABOUTIT” THOUGHT FOR THE DAY**

**Monday; February 25, 2008**

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Last week I developed a pretty irritating ache in my neck and shoulders so I decided to visit with my friendly chiropractor. After several minutes of twisting, popping, tweaking and pounding; he sent me on my way with an admonition of what I could do on my own to get better. I have to admit that initially I may have hurt more than I did before seeing him; but, later in the day I got feeling better. He knew what I needed and understood that a little pain in the beginning could produce relief.

What happens when we discover pain in our lives and appeal to God for relief? Sometimes He sends comfort upon us; but, other times He makes a series of adjustments that, while in the beginning, might bring pain, in the end, they produce the relief we need.

Are we needing to do something to get rid of the pain in our lives? Let's seek God's helping hand, then be willing to endure the struggles of the adjustments until we (and He) get it back on track.

Think about it! For the Madison Avenue Church of Christ; this is Charlie Wharton.