

“THINKABOUTIT” THOUGHT FOR THE DAY

Monday; January 7, 2008

If you have ever done much distance running you realize that it is not something that you just wake up one morning and decide to do. The ability to run 5Ks, 10Ks, Half-Marathons and Marathons is a mental and physical process. Once you decide to run, you have to struggle through the aches and pains of the miles to get to the goal; but, that leads to one of the best times in your life, when you really believe that you actually can complete the event.

There is a parallel to this in living the good life. We can't just expect contentment and satisfaction to just happen, achieving it takes work, development, focus and a belief in what is possible. The Bible outlines the process by noting, "... we also exult in our tribulations, knowing that tribulation brings about perseverance; and perseverance, proven character; and proven character, hope; and hope does not disappoint, because the love of God has been poured out within our hearts through the Holy Spirit who was given to us." (Romans 5:3-5). In essence, the good life is possible, if we are ready to pursue it?

Think about it! For the Madison Avenue Church of Christ; this is Charlie Wharton.