

“THINKABOUTIT” THOUGHT FOR THE DAY

Thursday; December 27, 2007

If you are a parent, there is one thing that you will hate to hear over the next few days – “Mom, I’m bored!”. Without school occupying our children, it can be easy for them to become bored, the result of which can either be melancholy or mischief.

While boredom can be an ailment of our youth, it can inflict any of us at any stage of life. Becoming disinterested in our surroundings can be a challenge, not just because we grow weary with our existence; because, it can truly impact our quality of life. When we get bored, one of two things traditionally happens. Boredom will manifest itself either in withering or wandering. When we grow bored we will either shut down and become complacent or we will start trying to fill our days with excitement which can often times lead to trouble.

Whether we are twelve or seventy-two, let’s do our best to stay busy and productive. Not only will it be good for our mental health, it could be good for our spirituality as well.

Think about it! For the Madison Avenue Church of Christ; this is Charlie Wharton.