

## **“THINKABOUTIT” THOUGHT FOR THE DAY**

**Wednesday; November 14, 2007**

---

While I in no way consider myself a runner, I do run on a relatively routine basis. It can be a struggle; but, for me there are three things that keep me going: first, I like ice cream and if I run I feel better about eating it ... second, I read a running magazine; not because I will ever be world-class; but, because not only do I learn some things and I am also inspired by the stories of people’s accomplishments ... finally, I hang around “real” runners – in fact, I’ll enter runs with faster runners just because I like being around people who have the an enthusiasm for life and health.

When I think about running, I see a parallel in the spiritual race. We live the good life because of the rewards it can bring ... we read the Bible because it contains stories and principles that inspire us and we hang out with believers because their energy and influence raises us to greater heights.

Hmmm ... maybe that’s why the Bible notes, “...let us also lay aside every encumbrance, and the sin which so easily entangles us, and let us run with endurance the race that is set before us ...” (Hebrews 12:1)

Think about it! For the Madison Avenue Church of Christ; this is Charlie Wharton.